St. Paul's Episcopal Church, Duluth, MN



November 2018

Deadline for submissions for next month's Messenger is November 23, 8:00 am. Email them to:

office@stpaulsduluth.org

November is Stewardship Month

When I began to think about the message I wanted to share about Stewardship, I thought about what it is that keeps me coming back to St. Paul's each week. In many ways, it is the sense of community I think we all feel. I personally feel welcomed and loved and I think you do, too. And, this is why we all gratefully offer our time, talent and treasure for the benefit of all at St. Paul's. And, I believe this feeling of being welcomed and loved is why our St. Paul's community is able to continually reach out to those in our broader community who are in need.

Our theme this year is "Called to the Way of Love." As a community of followers of Jesus, we are called to practice the "Way of Love" (www.episcopalchurch.org/wayoflove) that Jesus modeled in his words and actions. These seven practices (turn, learn, pray, worship, bless, go and rest) shape and form us as Christian people called to be agents of God's mercy and love.

Our church is a place where we are inspired, formed and trained through our learning, prayer, worship and action to be the Beloved Community which Christ calls us to be. Your generous stewardship enables us to continue and expand our mission and ministries.

Stewardship Sunday is November 18th. You will soon receive a pledge card in the mail. If you do not, pledge cards will also be available in the pews. I am grateful for all of you as you consider making a pledge to our St. Paul's.

Thank you.

Jane Jarnis, Stewardship Co-chair

God's Calling In My Life: Your Response is Needed!

St. Paul's Church is part of the national C3 project which is focused on helping people of all ages discover and live God's callings in their lives. Calling is central to our lives as Christians. As part of receiving a large grant they are requesting that our parishioners fill out a quick survey to help them in their evaluations. It is essential that we get a significant response rate!

Please take a few moments to fill out this personal reflection on faith and the changes, challenges and callings in life. Thanks so much for participating in this activity. Your input will be very helpful! https://www.surveymonkey.com/r/VVW5RTW

Hard copies will also be available at church!

VESTRY MEETING HIGHLIGHTS - OCTOBER 2018

The October Vestry meeting was held on the 16th. Financial summaries were presented by Natalie and approved by the Vestry. Updates were discussed on several topics including tuck pointing, landscaping, the chili cook off and the acolyte trip to Washington, DC. Reports were provided by Barb and Bill on clergy activities. Plans were made for working on committee structure and participation as well as upcoming vestry nominations, budget activities and stewardship. The meeting adjourned at 7:30 pm.

Your Vestry members are Jay Austin, Jason Butcher, Ryan Erspamer, Craig Heidenreich, Ina-Marie Kennedy, Don Pederson, Eirik Rennan, Amber Sadowski, Angie Shambour, Sue Stromquist, Peg Sutherland, and Nancy Schuldt, Junior Warden, and Mark Brown, Senior Warden.

PRAYER SHAWL MINISTRY

Shawls have been made for centuries;
They are universal and embracing;
They comfort and enfold; wrap and warm;
Mother and hug; shelter and beauty.
Those who knit and receive shawls are loved and blessed.
- Victoria A. Cole-Galo



St. Paul's **Prayer Shawl Ministry** is a ministry you can do on your own at home or in an informal gathering on Sunday morning in the Olcott Room between nine and ten, or on an airplane flying to a tropical island. For more information contact Nancy Aurand at nancysaurand@gmail.com or 218-834-6911. She can also be found most Sunday mornings in the Olcott Room knitting prayer shawls, lap robes or chemo hats. Come and join us there to get started or find out more.

MOST WANTED ITEM FOR CHUM FOOD SHELF

As you know, last month St. Paul's joined other Duluth communities of faith in the collection of a "most wanted item" for CHUM. For the month of November, we will continue to collect **Minestrone**. You can bring your donation to Sunday or Wednesday services or drop it by the parish office. If you have any questions, please contact Jane Jarnis: 763-226-0856. Thank you for your generosity. *Submitted by Jane Jarnis*.

CHUM FALL ASSEMBLY

We are proud to host this year's fall assembly on November 13. The theme will be Legislative and Gubernatorial Advocacy. The formal program is from 6:30 pm to 8:15 pm. This is the perfect opportunity for you to learn more about CHUM's fine work in our community. As you can imagine, being host to 100 to 150 folks takes some work and planning. If



you are able to help with set up and/or clean up, please contact Nat Constance (218-940-1366) or Jane Jarnis (763-226-0856). Submitted by Jane Jarnis.

CHURCH NIGHTS IN NOVEMBER

Check out Wednesday Church Nights in November. Church Nights have become an important part of our Christian Formation program and include something for everyone.

Our 5:30 pm Eucharist is held in church. This is a great way to attend service if you are not able to make it on Sunday (or even if you are able!). We gather in the front pews. We are grateful that Brad Brunfelt leads the music on his guitar. This service is less formal and shorter than Sunday. We use the scripture readings for the coming Sunday.

I am delighted that Buffy Helstrom is preparing our simple suppers again this year. Buffy does a wonderful job preparing a simple, healthy meal that we ask you to help support by making a donation toward defraying the cost. Check out the menu in this edition of the Messenger.

Church Nights will meet three times per month with programming from 6:30-7:30 pm. Two Wednesdays, the children and youth have age- specific faith formation for grades 3 through Confirmation. There is a new "Music and Movement" activity for preK through 2nd grade. Faith formation is life-long; so adults have the opportunity to engage in programs, speakers and discussions on various topics. Please let me know if you have suggestions for speakers or programs.

One Wednesday we will be together for **GIFT** (**G**rowing **In F**aith **T**ogether), which gives a chance for all ages to engage in fun faith activities together. We will have one Wednesday where we don't gather at church, instead that time can be used for focusing on faith at home. On the months where there are five Wednesdays, our church leaves the building and engages in a service project with a local social service agency or group.

November Church Night Adult Program Topics:

November 7 – **Instruments of God:** Living one's calling means becoming an instrument of God in our relationships, our families, our workplace, our communities, and our world. Discover how to grow as an instrument of God. This session includes an inspiring video and is part of our ongoing focus on calling.

November 14 – **The Gospel of Luke:** Our Sunday lectionary (scripture readings) features the Gospel of Luke in 2019. Bill Van Oss will lead a session on the background, features and focuses of Luke's Gospel to help you prepare for and appreciate the Gospel more deeply.

November 21 – Church Night is OFF for Thanksgiving. You are encouraged to check out our website for ideas for practicing Faith at Home.

November 28 – Our **GIFT** (**G**rowing **I**n **F**aith **T**ogether, intergenerational) **Night;** when all ages come together for a fun, faith-filled hour.

Hope to see you at Church Night! Bill Van Oss, Rector

STEWARDSHIP SUNDAY

November is Stewardship Month! Pledge cards will be collected as an act of worship during both services on Sunday, November 18. You will receive your pledge card in a separate mailing. Completed cards can be placed in the collection plate, sent into the office or dropped off anytime. Cards are also available in the pews and in the office.

NEW CHRISTMAS FLORAL MEMORIALS AND THANKSGIVINGS

Now is the time to establish NEW floral memorials or Thanksgivings for inclusion in the Christmas bulletin memorial listings. The donations for memorials help make it possible to provide beautiful flowers, garlands and wreaths that decorate the Church during the Christmas season. Names for the new memorials should be submitted in writing to the Altar Guild c/o the Church office by Monday, December 10, or call Joanne Marinac, Altar Guild Floral Memorials Coordinator, 218-728-6330. Names included last year do not have to be resubmitted unless there are changes. The Altar Guild will accept donations in any amount with a suggested minimum of \$20.00. Please make checks payable to ST. PAUL'S ALTAR GUILD with "Christmas Floral Memorials" written on the memo line. Acknowledgments and name listings will be sent to all donors following the Christmas services. Submitted by Joanne Marinac.



THE WAY OF JESUS: PRACTICES FOR HOPEFUL, COURAGEOUS CHRISTIAN LIVES

What does that mean, the way of Jesus? What would it look like to lean into your faith through a set of embodied actions, from prayer to justice work? What Christian practices are already deep in our DNA, but not necessarily in our language or consciousness? Join Episcopalians from around Minnesota, and your Missioner for Formation, Susan Daughtry, to consider what the 'Way of Jesus' looks like in your household and in your faith community.

If you have time to prepare, this suggestion will help you bring your voice to the group: do a quick scan of the Gospel of Luke. Jot down an informal list of actions you see Jesus taking. Are followers of Jesus called to practice those actions as well?

Where: St. Andrew's By-The-Lake Episcopal Church, 2802 Minnesota Ave., Duluth, MN

When: Saturday, November 10, 2018, 9 am - 12 pm, followed by lunch

Free, donations accepted to cover the cost of lunch

Childcare available

To register, call St. Andrew's at 218-727-1262 or email: standrerwsbythelakeduluth@gmail.com

This program is presented by the School For Formation

EVENING BIBLE STUDY

The Fall evening Bible study sessions are scheduled for the upcoming Tuesdays: October 30, and November 27. Each session meets 6:30-8:30 pm in the Parish Hall.

During our meetings this Fall we are discussing the book of <u>Acts</u>, reading to learn how the early church was formed by the Disciples after Jesus died—and reading to find clues for bringing God's love to our communities today. We are focusing on Chapters 15-16 for our October meeting.

You are welcome to join us too! This month we will be deciding what we will read/discuss next. Bring your ideas! Please call the office to learn about the sessions, or email Reverend Barb about it. (belliott@d.umn.edu)

NOTES OF A DIFFERENT KIND . . .

This time of year our thoughts turn to shortened days and winter approaching. I look at the increasing darkness with a sense of heightened intimacy. Windows which were open to fall breezes are now closed until the weather warms in the spring. The house is bereft of the noises of the outside world: birds chirping and children playing. If you are so blessed, thoughts turn to gatherings with family and friends with lots of rich comfort food to help us stave off hunger for the long winter. It is a time that carries its own beauty in spite of the severity of cold and deepening darkness. It is also a time when schools celebrate homecoming.



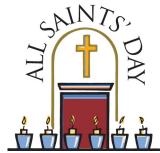
You may know that I do some playing for other churches around town. These places have welcomed me warmly, and I have made some dear friends. I enjoy being able to help them in their worship, more specifically in leading the song of those communities who, like we do here at St. Paul's, gather faithfully around bread and wine, water and word. I enjoy this work because it keeps me mindful that others come together in much the same way we do. Though their beliefs and theology may differ from mine, their need for community – for Jesus – is shaped in a similar way. Everyone called to witness to God's infinite love for us and for the world, something that is completely beyond the limits of our finite imagination or intellect.

Last evening, I was honored to play for the first mass after the installation of the new organ at the Catholic Cathedral in Superior. Because UWS has a long and rich history with the Cathedral, I was invited into the planning process for the instrument. (I also often play for Saturday mass at St. Lawrence Church in West Duluth). I have grown deep friendships in these communities which I value highly. However, as I was driving to St. Paul's this morning, I realized how wonderful it is to experience homecoming each Sunday; to gather and sing and pray and eat with all of you. Even though others gather in similar ways, St. Paul's is our home. We gather here to be Christ for each other and in the wider community. Thanks be to God who always welcomes us home with open and loving arms.

Peace be with you.

Tom Hamilton Director of Music

ALL SAINTS' SUNDAY



This year we will be celebrating All Saints on Sunday, November 4. During the service, we will be remembering those who have died since last All Saints' Day. If you have a loved one you would like remembered and prayed for by name during the services on November 4, please write their name(s) on the sign up sheet in the back or out the side door of church or contact Rita in the office: 218-724-3535, office@stpaulsduluth.org.

CHRISTIAN FORMATION NEWS

Advent Around the World Festival Sunday, December 2, 11:00 am, Parish Hall



Learn how Advent is celebrated in countries around the world! Experience different traditions, foods, sights and sounds! During coffee hour in the parish hall, take a world tour by visiting various country booths and tasting a variety of foods! Plus, pick up an Advent Calendar, make a wreath, and more!

Come one, come all ages!

If you would like to host a specific country booth, please contact Sue Van Oss; suevanoss@stpaulsduluth.org or 218-724-3535. This is a wonderful chance to share your heritage with our whole church family!



Pumpkin Festival Carving/Painting of Pumpkins Sunday, October 28

Join us in the Parish Hall after the 10 am service for Fall fun for all ages. FREE pumpkins will be available for carving and decorating thanks to a generous contribution from Rev. Margaret Thomas.

CHRISTIAN FORMATION NEWS



How are you doing on your Way of Love this fall? Turn-Learn-Pray-Worship-Bless-Go-Rest are seven practices that can help us grow deeper in our relationship with God, Jesus and our neighbors. In today's world of busy schedules, hurried meals and fleeting time together, it is now more imperative that we make and take the time to center ourselves and follow the way of Jesus by finding a slice of time to center our thoughts on Jesus. Check out https://www.stpaulsfaithformation.org/families.html for ideas on how your family can live out the Way of Love!

November formation schedule

Sunday, October 28 9:15 am Adult Forum on Prayer, Kids Word, Laura Fanucci preaching and Pumpkin Carving during coffee hour

Wednesday, October 31 no programming at church, Shine the Light of Jesus while trick-or-treating **Sunday, November 4** Kids Word - All Saints Day Remembrance

Wednesday, November 7 Faith formation for all ages; prek-2nd music and movement, 3rd/4th, 5th/6th, 7th/8th, and 9th/10th grade Confirmation, and adults.

Sunday, November 11 Special Love Self worship service led by youth, all children present **Wednesday, November 14** Faith formation for all ages; prek-2nd music and movement, 3rd/4th, 5th/6th, 7th/8th, and 9th/10th grade Confirmation and adults

Sunday, November 18 Kids Word, Stewardship Sunday

Wednesday, November 21 No Church Night -- off for Thanksgiving

Sunday, November 25 No Kids Word, Thanksgiving Weekend

Wednesday, November 28 GIFT (Growing In Faith Together) Night "Homemade Holidays": all ages will be together to experience the joy of giving as you make several Christmas gifts.

Sunday, December 2 Kids Word and Advent Around the World Festival during Coffee Hour

October 28 Pumpkin Festival: Join us in the Parish Hall after the 10 a.m. service this Sunday, October 28 for fall fun for all ages. Free pumpkins will be available for carving and decorating thanks to the Rev. Margaret Thomas. Celebrate the beauty of what God provides for us in the fall of the year! All carving tools and decorations provided!



Now through November 4: Share Your Stash!: If you have a child/grandchild ages

18-25 who you would like a package sent to, please email suevanoss@stpaulsduluth.org with their
name and address! Kids, youth and adults are invited to share some of their candy stash from Halloween with our young adults. They love individually wrapped snacks, too! Granola bars, hot chocolate mixes, nuts, anything to munch on! Packages will be assembled and shipped on Wednesday, November 7.

Wednesday, November 28 Homemade Holidays GIFT Night – come to this popular event when all ages gather to create useful, easy to make gifts to give. There will be projects for preschoolers through adults!

Teens Encounter Christ Retreat: (TEC) is a 3-day experience of learning about God and yourself, making new friends, and growing in your faith. Open to all students 9th-12th grades. Led by clergy and lay adults, and teens who have already gone through TEC. There is one more Fall TEC taking place on November 9-11 at Ascension Episcopal Church in Stillwater. Registration form can be found at www.stpaulsfaithformation.org/youth.html

December 2: Advent Around the World Festival: Join us after the 10 am service in the Parish Hall for a special trip around the world! After several years of a Night in Bethlehem theme, we changed last year to presenting Advent and Christmas customs from several countries around the world last year and it was fabulous! We had 45 volunteers that helped create 14 different country booths! Please consider helping with this fun, faith-filled festival this year by sharing traditions, foods, decorations and stories

Continued on next page

CHRISTIAN FORMATION NEWS

Reflections on the Pilgrimage to Washington, DC

Years of dreaming came to reality on October 4-7 when we brought five teens who have faithfully served St. Paul's as acolytes for several years to attend the National Acolyte Festival in Washington DC. We hope to take this pilgrimage every other year with our oldest acolytes as a culmination of their years of service. To watch our kids process into the magnificent cathedral, bow at the altar and sit in the front row where presidents have sat brought tears to my eyes; I couldn't have been prouder of this young followers of Jesus! Below are reflections from the youth and adults who attended what became truly a pilgrimage, not just a regular trip! Each day we met special people who were the face of Jesus and there were many God moments throughout the trip. Thanks to all who helped make this pilgrimage a reality!

From Eirik Rennan: When my son, Atle, spoke of his impressions of The National Cathedral on our visit to Washington DC for the Acolyte Festival, he spoke of it being so grand and majestic. But he concluded that it also reminded him of "good old St. Paul's. I was proud of his assessment because that was how exactly how I felt. My first impressions were that it took my breath away. It is so large and sits on the highest point in DC. When you go through the doors for the first time, I was in awe



of the long nave, colorful banners, high ceiling, and beautiful stained glass. But then when you pay attention to the design and decor, the similarities to our church at home come to light. Let me share some of those with you:

- * The choir pews have somewhat identical stitched cushions to ours in the bass section.
- * The organ looks the same: same number of keys, same pipes, even ones that are just decorative.
- * The choir had twelve voices that filled the entire space and they stood behind the altar, as we do.
- * The chancel, where the choir sits, is in the same spot, only longer and the woodwork was stained darker
- * The carved ornate woodwork at the pulpit and chancel could have been done by the same artist that did our altar and pulpit. It was strikingly similar.
- * The large rose stained glass in the rear of the church looks like ours and the stained glass on the sides depict scenes from the Bible, just as ours do.
- * The columns bordering the nave are arched and made of the same cement material. They just lack the stains from water and wind blowing off Lake Superior.
- * The side view where we sat to view the service is the same proximity to wear I sit in the bass section of the choir at home. I had the same vantage point listening to the sermon with a beautiful stained glass backdrop just as I do with Reverend Bill on Sundays.
- * There is a changing room for the vergers and priests off to the side just as we have one for the choir and deacons.
- * The Cathedral had many, many unique chapels throughout the building, including a miniature chapel for children. I was impressed. But then I realized that we have the Small Chapel, Olcott Room, Ryan Room, Hartley Sisters Room, and offices.

From Atle Rennan: I learned about civil rights and equality during my time in DC. Firstly seeing the National Cathedral was amazing it was so grand and detailed down to the last inch with beautiful stand glass windows and a huge amount of unique Gargoyles, something that doesn't happen very often with modern day buildings. It also reminded me a lot of our good old St. Paul's in how it was designed. Just in a lot bigger scale.

Continued on next page

The justice walk that we went on through the different monuments put the progress to a more equal society we have achieved and what needs to be done in prospective. I really liked how at the MLK memorial the bottom part of the statue was unfinished signifying the fact that we have made progress but that we aren't finished yet and have a lot more work to finish. That motivates me and I'm sure other people to achieve a equal society where all races and genders are equal.

Another memorable experience is that well I was walking though the African American Smithsonian Museum I noticed a picture that I recognized, it was the picture taken after the Duluth lynchings, It was hung prominently on the all next bigger than the pictures of other lynchings around it. it really brought things home for me as I had been where that picture was taken and learned about the Duluth Lynching prior to being there and didn't realize that it would be so front and center in a national museum. I am immensely proud of our city and love living here and it humbles me that our city could have been responsible for such an act when it's not the type of thing usually associated with our small city. I'm sure I will remember the people I met, the things I saw, the people that I was with, and Rigby the racoon who we saw and named in DC.

From Luisa Van Oss:

The Washington DC trio is one I will remember forever. From the second we got off the plane there was so much energy and everyone was so excited to just be there in community. We were able to tour the Capitol the first day and many of the Smithsonian Museums; my favorite definitely being the Library of Congress. My favorite part was the social justice walk/tour of the monuments we did. I got to explore DC with some amazing young people while thinking about the work we've done and the work we are doing now in building the beloved community. I also loved the African American museum; it was a time for deep reflection and I'm so blessed to have had the opportunity to go and experience what I wish everyone could! Ending with the Acolyte festival was amazing. There was so much energy and life in the air you could just feel the buzz. The Cathedral was amazing!! I'm so grateful I was able to go on this trip, truly a once-in-a-lifetime trip.

From JR Hartlieb:

Thanks for the support and generous donations to make the DC trip a possibility for those of us that went. My favorite part of the trip to DC was going to the Air and Space museum and the African history museum. At the African History museum it was really interesting and the most interesting was that the lynching memorial from our city Duluth was there on the wall. The National Cathedral was super big! It had many beautiful works of glass art work pieces. My favorite piece of work was the space stained glass window that had a real piece of the moon in it.



From Hannah Gustafson:

The Acolyte trip to Washington DC was an amazing once in a life time experience. Luisa, Angelina, Sue Erik and I were taking one of the buses to the different memorials and the bus driver named Howard let three people onto the bus because they lost their car so he said, "tell me when things look familiar and I will stop and let you off the bus," and when they found their car they got off the bus and everyone clapped on the bus. And Howard spoke about how this was his passion in life to help people. This was something that was really cool to see because I don't see it happen often here were we live, and it was just one God moment that we experienced throughout the trip. On

Continued on next page

Reflections on the Pilgrimage to Washington, DC, continued

Saturday it was really cool because it was the festival day and it was such an amazing experience because I didn't realize how big the cathedral was until I walked inside. It was so cool to see all the different banners that churches had and their crosses, torches, and a Thurible which is something that I have never seen before. All in all I thought that this trip was so cool and was such an amazing experience!

From Angelina Dodge:

Traveling to the capital of America isn't something most people get to do often, me included. So when I was given the opportunity to do so with my church, I was more than eager to go. I was there for four days, but it felt like so much longer with all of the exciting things we packed into each day. Though everything in Washington DC was amazing, one thing that really instilled a sense of awe within me was the Washington National Cathedral. On the third day of our trip, we visited the cathedral to attend the annual national acolyte festival. I had never seen a church or building so large, intricate, and beautiful before. Both the inside and outside were incredible. Sitting in the front row seats (thank you, Sue!) only added to the already tremendous experience. It felt amazing to be part of something so large with people from so many different places. Another powerful experience I had also took place on Saturday, the third day of our trip. After eating out at Cactus Cantina, our group went on a night justice walk and viewed some of Washington's many monuments. We talked about justice, what these monuments meant at the time they were built, what they mean today, and how we can interpret and use the message they leave. I could continue to write about my trip for pages, but I'll sum it up and say it was an amazing experience which I am so thankful for, and will remember it for the rest of my life.

St. Paul's Is Turning 150!

St. Paul's will be 150 in 2019! We need to begin planning for this milestone soon. If you would like to serve on the Sesquicentennial Committee, please contact Bill Van Oss, billvanoss@stpaulsduluth.org or 218-724-3535.

OUR PARISHIONERS IN ASSISTED LIVING OR HOMEBOUND

Mt. Royal Pines III: *Phyllis James and Jean Manthey* Franciscan Health Center: *Howard Martz and Joy Williams*

Beehive Home: Gloria Stone Homebound: Charles Kehler

ST. PAUL'S QR CODE

When you scan this barcode-like QR code image with a smartphone's QR decoder (available as a free app for Apple or Android), it will instantly connect you to the mobile version of our parish's online giving website. It's a quick and easy way to access the web page without having to type out a long web address and locate your link.



Share Your Stash!



Share some of your candy stash from Halloween with young adults, ages 18-25, from our parish who are in college, have moved from Duluth, or serve in the military. Drop off items at church between 10/28/18 - 11/04/18, we will box them up with a note and mail them to our young adults. Healthy snacks, individual powdered drink mixes, granola bars, school supplies or anything else a young adult would like are welcome. too!

If you have a child/grandchild that you would like a care package sent to, please email suevanoss@stpaulsduluth.org with their name and address!



Sermons are available via audio! You can listen to them in the car, on the plane, or wherever you are. Each week they are posted on our website, www.stpaulsduluth.org under "worship" then "sermons" and also on soundcloud.com.

GENTLE YOGA



Gentle Yoga is every Monday at 1:00 pm in the Children's Room. Try a class for \$10 and your second class is FREE! Some of the benefits of yoga include improved range of motion and pain management, better circulation, lung capacity and sleep, greater balance, strength and joint mobility, and better posture and immune function. This is a wellness activity, rather than a fitness class. All levels are welcome. It's a perfect class for beginners!

Continued from page 7

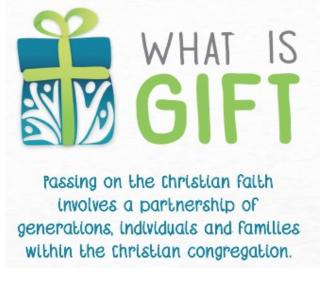
from a country that is part of your heritage or one that you have visited/have a connection to. Contact Sue at suevanoss@stpaulsduluth.org to add your country to the list! And mark you calendars to attend this fantastic event for all ages!

Emails: Want to know who the menu is for Wednesday night dinner? A quick rundown of the weekend activities? Tips and ideas for faith at home? email suevanoss@stpaulsduluth.org to be added to the group list to receive all this and more in your inbox every week!

Milestone Kits have been restocked! There are 25 at home kits to help all ages mark the special moments in life's journey and bring God's presence into those moments. Check out the two black rolling carts in the parish hall during coffee hour today and pick out a milestone kit to bring home and celebrate in your home in a few short minutes.

For more information on any of the above events, please visit www.stpaulsfaithformation.org or contact me!

Blessings, Sue Van Oss, Director of Christian Formation



Homemade Holidays GIFT Night! Wednesday November 28 6:30 pm

Come and get creative at this popular GIFT Night! All ages will spend an hour making thoughtful and beautiful gifts to give to others for Christmas. Don't know what to get for a neighbor, teacher, delivery person or Aunt Florence? In one hour you will make several unique, different gifts which show you care! We will have a variety for projects for different age levels from preschoolers to adults. And it's free!



Upcoming Women's Events

There are several fun events coming up to give the women of the parish the chance to socialize, meet new friends and reconnect with old ones! Be sure to register now; as we do have limited spaces and tend to fill up quickly!



Monday, November 5, 6 pm Create It Night @ Board and Brush (732 E 4th St., Duluth): special \$35 rate to select from about 30 designs; including some new holiday ones (16 x 20 or 8 x 24) normal rate is \$65 https://boardandbrush.com/duluth/events/st-pauls-women/ Simply click on the link, choose your design and fill out the registration and payment information!





Friday, November 9, 6 pm Create it Night @ Art on the Rocks (307 Canal Park Dr., Duluth): Northern Lights painting (you can select one of four different options!) \$35 Here is the link to register: http://ontherocksart.com/painting-calendar/ Please indicate which of the four northern lights scenes you want to paint; the trees, MN, WI or Lake Superior.





Friday, December 7: Leslie Brunfelt will present an encore of **Meal Prep Night!** Make some meals for your family and have in the freezer to pull out during the busy holiday season! This was a very popular event; and we need to limit it to 24 due to space restrictions. There will be options of meat and vegetarian dishes and options for 2-4 servings or 5-6 servings. Go to https://www.stpaulsfaithformation.org/adults.html to reserve a spot now! Meal options include Mexican Vegetarian Lasagna, Shrimp & Sundried Tomato Risotto, Chicken Bruschetta, Parmesan Chicken Tenders, and Italian Beef Sandwiches, all in two different serving sizes.

Friday-Saturday, February 1-2: Women's Overnight Retreat at One Heartland in Willow River! The women who attended last year loved this new location for our winter retreat; with many options for indoor and outdoor activities, with time to relax, rest and recharge. Mark your calendars now! More information and registration is online at https://www.stpaulsfaithformation.org/adults.html

Let Sue Van Oss know if you have any questions!

DAMIANO SOUP KITCHEN

Monday, November 5, 2018 is St. Paul's day to serve at Damiano Soup Kitchen located at 206 W. 4th Street from 8:30 am-1:30 pm. Helpers are always appreciated. Bring a hat. If you have questions, contact Nelson Thomas: 218-525-5785.



LAY MINISTRY SCHEDULE

Please find a sub if you are unavailable for your scheduled date.

	November 4	November 11	November 18	November 25	December 2
ALTAR GUILD	C SPENCER	C CONRAD	J MARINAC	J JARNIS	C SPENCER
	K Leonard	S Meyer	J Elliott	D Kolquist	K Leonard
	L Hultkrantz	S Hartley	P Markert		L Hultkrantz
	J Harvey	S Hall	C Miller		J Harvey
		A Sadowski			
LECTOR 8:00 AM	N Diener	M Gustafson	A MacKenzie	S Stromquist	J Pastor
USHERS	D Kolquist	J & H Ransom	B & C Dinan	G & K Bubalo	
COLIENO	N Schuldt	J & S Dusek	P Waite	C Orsak	
	J Jarnis		D Morin	K Swanson	
	C Orsak				
ACOLYTES	S	see www.stpaulsfait	hformation.org for c	urrent acolyte sched	dule
LECTOR 10:00 AM	J Pastor	Youth	Z Stodola	S Meyer	M Gustafson
CHALICE	J Pastor	S Stromquist	Z Stodola	J Pastor	M Gustafson
BEARERS	K Baumgarten	G Maloney	J Stromquist	P Enenbach	K Baumgarten
	N Diener	S Anderson	N Diener	A MacKenzie	S Anderson
FLOWER Delivery	S Furo	N Schuldt	D Kolquist	J Jarnis	C Spencer
COFFEE HOSTS	S Stromquist & J Marinac	J & S Dusek	C Andrews & C Bauer	M & D Helf	K Swanson & D Morin
LOCK UP	G Maloney	D Pederson	J Austin	M Brown	T Diener

Altar Guild Other Duties:

November Linens: C Conrad, A Sadowski

Nov/Dec Brass Cleaning-Date TBD:

C Conrad, C Miller, P Markert, J Sederberg, J Marinac

Substitutes:

Weekly Teams: G Bouschor, E Killen

Linens: C Conrad, C Miller Cleaning: J Sederberg, C Miller

Wednesday 5:30 services:

11/07/18—Team 2 11/14/18—Team 3 11/21/18—No service 11/28/18—Team 1

NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:30 am A Matter of Balance	2	· C
ALL SAINTS' DAY 8 am Service 10 am Service 11:20 am Choristers rehearse 11:30 Coffee Hour	5 8:30 am Serve Meal @ Damiano 1 pm Gentle Yoga	6 8:30 am Bible Study 10:00 am Staff Meeting	CHURCH NIGHT 5: 30 pm Eucharist 6:00 pm Meal 6: 30 pm Faith Formation 6: 15 pm Choir Rehearsal 7:40 pm Handbell Rehearsal	9:30 am A Matter of Balance	6	10
8 am Service 10 am Service 11:20 am Choristers rehearse 11:30 Coffee Hour	12 pm Gentle Yoga	13 8:30 am Bible Study 10:00 am Staff Meeting 6:30 pm CHUM Fall Meeting	CHURCH NIGHT 5: 30 pm Eucharist 6:00 pm Meal 6: 30 pm Faith Formation 6: 15 pm Choir Rehearsal 7:40 pm Handbell Rehearsal	15 9:30 am A Matter of Balance	16	17
STEWARDSHIP SUNDAY 8 am Service 10 am Service 11:20 am Choristers rehearse 11:30 Coffee Hour	1 pm Gentle Yoga 6:30 pm Duluth-Vaxjo Soccer Exchange meeting	20 8:30 am Bible Study 10:00 am Staff Meeting 6:00 pm Vestry Meeting	NO CHURCH NIGHT	22 THANKSGIVING Church Office Closed	23 MESSENGER DEADLINE Church Office Closed	24
8 am Service 10 am Service (No KidsWord) 11:20 am Choristers rehearse 11:30 Coffee Hour	26 I pm Gentle Yoga	8:30 am Bible Study 10:00 am Staff Meeting 6:30 pm Bible Study	CHURCH NIGHT 5:30 pm Eucharist 6:00 pm Meal 6:30 pm GIFT Night 6:15 pm Choir Rehearsal 7:40 pm Handbell Rehearsal	9 am Messenger Mailing	30	

St. Paul's Episcopal Church 1710 East Superior Street Duluth, MN 55812

ADDRESS SERVICE REQUESTED

Nonprofit Organization
U.S. Postage
PAID
Permit No. 667
Duluth, MN

Church email:

office@stpaulsduluth.org

Website: www.stpaulsduluth.org



PIES or CRISP!

Do you need holiday dessert? The Vestry can help. Frozen, ready to bake apple pies and St. Paul's Bazaar apple crisp are available for order and future pick up. Please order at coffee hour on Sunday or in the office weekdays. Pumpkin pies will be available for Thanksgiving, baked and ready for pickup on Wednesday, November 21, between 10:00 am and noon. Other times by prior arrangement.

Frozen, ready to bake Apple pie \$15; Frozen, ready to bake Apple pie with crumb topping \$15. Frozen, ready to bake Apple Crisp \$10. Baked, ready to eat pumpkin pie \$15. Special requests... talk to Mark Brown: 218-525-7160

