# ST. PAUL'S EPISCOPAL CHURCH, DULUTH, MN



May 2018 Deadline for submitting articles for the June-July Messenger is May 25. Email them to office@stpaulsduluth.org

# Mother's Day Eve Dinner Fundraiser

Mark your calendars now for our upcoming **Mother's Day Eve Dinner on Saturday, May 12** beginning at 6:00 pm. The evening will include a "Make a Gift for Mom" children's activity prior to the delicious meal. A Mother's Day themed basket auction will take place during the event and donations for the auction are greatly appreciated. In the past, some of the most popular baskets featured things such as:

- Hosting a dinner
- Babysitting
- Yard work or mowing
- Cleaning or window washing
- Dog walking



If you know of a local business who would donate an item or gift certificate, these are always greatly appreciated. Eirik Rennan and Mark Brown are leading this effort, and Terry Roberts is helping to coordinate the basket auction. Tickets are \$25 for adults, \$15 for students and children eat free. Make plans now to attend this special evening of fun and fellowship that helps to support your parish community!

Peace, Bíll Van Oss

#### **EVENING BIBLE STUDY**

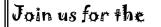
Our Evening Bible Study group is taking May off—so much on our calendars as school ends! We will begin again in June, when we will begin discussing Acts. If you are interested to join us, please email Reverend Barb (<u>belliott@d.umn.edu</u>) or call Sue Anderson in the office.

## ST. PAUL'S SCHOLARSHIPS

St. Paul's Church Scholarship Committee is pleased to announce that Nora Vos, Emily Hanna, and Izzy Sutherland have been awarded new college scholarships for the 2018-2019 school year. This scholarship is renewable annually for undergraduate education. The annual amount of the scholarship is presently \$2,300. Submitted by Bill DInan

### ARE YOU A NURSE, INTERESTED IN PARISH NURSING?

Recently I learned more about the group of Parish Nurses who serve various churches in Duluth. It reminded me of how we are missing Linda Paulson's connections with many of us in the past. Are you a nurse who would like to learn more about Parish Nursing—perhaps a wonderful role in retirement, or indeed, a ministry for any age. If so, I would love to share the information I have—contact me at <u>belliott@d.umn.edu</u> or call church.



Summer Family Choir!!!

June 24 and July 29.

All ages welcome: 0 to 109.

Meet in the church at 9:15 to

learn a simple and fun song to sing for church.



#### **OUR PARISHIONERS IN ASSISTED LIVING OR HOMEBOUND**

Mt. Royal Pines III: Phyllis James, Jean Manthey, and Joy Williams

Franciscan Health Center: Howard Martz Homebound: Charles Kehler Beehive Home: Gloria Stone

#### Clergy

The Rev. William Van Oss, Rector The Rev. Dr. Barbara Elliott, Assistant Priest The Rev. Margaret W. Thomas, Priest Emerita

#### Parish Staff

Susan Anderson, Parish Secretary Dr. Tom Hamilton, Director of Music Kathy Jurasek, Sexton Natalie Smith, Parish Treasurer Sue Van Oss, Director of Christian Formation billvanoss@stpaulsduluth.org belliott@d.umn.edu tmsnelmw@cpinternet.com

office@stpaulsduluth.org tomhamilton@stpaulsduluth.org

natalie@stpaulsduluth.org suevanoss@stpaulsduluth.org

#### ST. PAUL'S QR CODE:

When you scan this barcode-like QR code image with a smartphone's QR decoder (available as a free app for Apple or An-

droid), it will instantly connect you to the mobile version of our parish's online giving website. It's a quick and easy way to access the web page without having to type out a long web address and locate your link.



# ST. PAUL'S 150TH!

St. Paul's will be 150 in 2019! We need to begin planning for this milestone soon. If you would like to serve on the Sesquicentennial Committee please contact Bill Van Oss: <u>billvanoss@stpaulsduluth.org</u> or 724-3535.

## RUMMAGE SALE THANK YOU

With lots of help from parishioners and friends, and from the weather, we had a wonderful Rummage Sale. Thank you to all the folks who moved items from the garage to the parish hall, to those who sorted, displayed and marked treasures, and to those who helped with the clean-up. Together we raised a little over \$3,000 for St. Paul's! A special thank you to Susan Hartley who devoted many hours coordinating the sale, and to Kathy Jurasek who is always willing to do what needs to be done.

Submitted by Susan Anderson

### Celtic Garden

Our Celtic Garden needs a little LTC. Anyone willing to put in an hour or two helping with the spring clean-up, let the office know. office@stpaulsduluth.org or 724-3535. You can work on your own schedule.

# DAMIANO SOUP KITCHEN

St. Paul's will be serving at the Damiano Soup Kitchen on **Monday, May 7** from 8:30 a.m. to 1:00 p.m. Volunteers are always welcome and half shifts are available. Let me know if you can help.

Thanks, Nelson Thomas 525-5785

Remember to bring a hat.

# Ten ways to Love:

- 1. Listen without interrupting. (Proverbs 18)
- 2. Speak without accusing. (James 1:19)
- 3. Give without sparing. (Proverbs 21:26)
- 4. Pray without ceasing. (Colossians 1:9)
- 5. Answer without arguing. (Proverbs 17:1)
- 6. Share without pretending. (Ephesians 4:15)
- 7. Enjoy without complaint. (Philippians 2:14)
- 8. Trust without wavering. (1 Corinthians 13:7)
- 9. Forgive without punishing. (Colossians 3:13)
- 10. Promise without forgetting. (Proverbs 13:12)

# **Oasis of Wisdom and the Episcopal House of Prayer (MN)**

### are pleased to announce retreats with

# **David Keller and Emily Wilmer**

Please join us this summer at the Episcopal House of Prayer on the beautiful grounds of St. John's Benedictine Abbey in Collegeville, MN. We will be in residence from July 16 – August 16 and facilitate two retreats during our sojourn there.

## Mary, Mother of Jesus ~ A Woman for Our Time

facilitated by Emily Friday, July 27 – Sunday, July 29, 2018

What does Mary, Mother of Jesus show us about living in modern times? Can she? As we bring Mary out of the bright lights of Advent and into the ordinariness of daily life, we are invited to ponder three images – the reed flute, the bird nest and the chalice as windows into Mary's experience, how her life can inform our experience as modern people, and how we, too, are invited to be Christ-bearers in the world. Join other women as we slow down, share silence and song, poetry and prayer, and time for personal reflection.



The Visitation

Although Jesus of Nazareth was a devout first-century Jew, in the twenty-first century he is often lost in the thickets of Christian theology, reflection on the wisdom of his words, and the busyness of church life. At a time in the church's life when "spiritual formation" has become a priority what can we learn from Jesus' Jewish spiritual formation and its influence on his life and ours? This retreat experience will explore Jesus' life of prayer as a devout first-century Jew and the consequences of his prayer in his personal life and active engagement with society. It will integrate substantive academic presentations with contemplative prayer and

# More than Words: Encountering Jesus' Life of Prayer and Ministry

## facilitated by David





discussion. It is designed for clergy and laity.

To learn more about David and Emily go to www.oasisofwisdom.net

**Cost**: \$325 for each retreat includes retreat, rooms and meals ~ all rooms single unless double requested (3 double rooms available.)

To Register and more information about the House of Prayer: http://ehouseofprayer.org/

Emily Wilmer Oasis of Wisdom, An Institute for Contemplative Studies, Practice and Living Asheville, NC www.oasisofwisdom.net

### ... And Where are They Now... An update from Rhoda Robinson

Some of you may remember the three boys from Turkmenistan who came to St. Paul's several times in the days and early years of this century. They were the children of the family with whom my husband and I lived for our two-year+ stint in the Peace Corps (1998-2000): Eldar, Farkhad, and Emil. Thought you might appreciate an update on them since it has now been 20 years since we first met them and they are all now living in the United States.

Emil (now 31) graduated from Interlochen, Cleveland Institute of Music, and Yale Graduate School of Music and attended Colburn Music School in Los Angeles. He married his Interlochen sweetheart, Nozomi Marusawa – a graduate of Julliard - in 2014 – they have two little girls, Adelina (3) and Elina (1). Emil became a US citizen in April of this year. Currently he is the Co-Principle Clarinetist for the Seattle Symphony. They live in Bellevue, Washington.

Farkhad (32) graduated from Interlochen, Oberlin College and Yale Graduate School of Music. He has been the Music Director/Conductor of Youth Orchestras in Monterey, CA, for several years. Last year he was a guest conductor for the Monterey Symphony and conducted the world premiere performance of his own composition, "The Sounds of Eternity". He has been a guest conductor in Taiwan and currently is in a conductor competition in Denmark. He became a US citizen last spring. Last month he married Marjeela, an Afghani woman with a Master's degree in studies of ecology and sustainability of oceans. They live in Monterey, CA.

Eldar (37) graduated from the Univ. of Oklahoma and Boston Conservatory. He returned to Turkmenistan and married a long-time friend, Alfiya, who is also a violinist. They have two girls, Bagima (8) and Rhoda Safiya (2). Eldar remained in Turkmenistan to assist his mother and grandparents after the death of his father and grandfather. Turkmenistan does not allow folks not ethnically Turkmen to work -Eldar is ethnically Azerbaijani. So he made plans to move his family, including his mom and grandmother to the US. About two months before their departure, the government bulldozed their (and our!) home. As of July 2016, Eldar and his family are living in Monterey, CA. Eldar holds a green card, currently works part-time, is seeking full-time employment and working toward citizenship.

St. Paul's played an important part in this amazing immigration story which has resulted in enriching so many lives here in our country. "Our boys" remember you regularly and give thanks for all the support you provided when they first arrived – strangers in a strange world.

With a grateful heart, I am yours in Christ, Rhoda

#### **CHUM Spring Assembly**

Thursday, May 24, 2018 6:30 p.m. Fellowship 7 p.m. to 8:30 p.m. Program

First Presbyterian Church 300 E. 2nd St., Duluth

2018 Theme: "You're a Delegate, Now What?"

An opportunity to hear what other congregational delegates are doing, and how you can implement new ideas with your congregation. And of course, updates from CHUM.

Please contact Ellen with questions or to RSVP, or call (218) 720-6521. Please indicate if you need childcare.

#### **CHRISTIAN FORMATION NEWS**

#### 1. KidsWord Schedule:

Kids Word for prek-4<sup>th</sup> graders will be held Sunday April 29, May 14 (a special project to celebrate moms), and May 20. It will not be held on May 6; which is Youth Sunday so all children will be present for the entire service, and May 27 for Memorial Day weekend.

2. **Sunday April 29 Acolyte Festival!** Our parish has 34 young people serving at the altar in the role of acolyte and on this day we will recognize them! All acolytes are invited to vest, process in and sit together for the service. Following the service, they will enjoy a pizza lunch at Old Chicago followed by fun at Adventure Zone. Parents are responsible for transportation to and from Canal Park.

3. **May 6 Celebration Sunday**! -It begins with our Prayer Partner Breakfast at 9:30am in the hall. All adults who have been praying for our children/youth this year along with all the children and youth in Sunday school and their families are invited and encouraged to come to the hall to enjoy breakfast treats and to meet up with each other! **Please make every effort to have children and teens at the breakfast; their prayer partners are anxious to meet them!** The 10am Worship Together service will include recognitions of and reflections by our graduates and an appreciation for all our faith guides who have helped in our Christian formation programs this year.

**4.Summer Sunday Program-** takes the place of KidsWord in the summer and is a fun exploration of God's great stories in the Bible. It begins June 3 and runs through August 26. Children begin the service in church with their families, are dismissed before the Gloria and return at the sign of peace. Older kids who would like to serve as helpers can let me know when they arrive each Sunday morning and I will select the number I need based on that day's activities.

**5. Camp E.D.G.E Vacation Bible School**: Experience and Discover God Everywhere is a fun experience for kids ages 3-10. It is held June 25-28 from 9am-noon each day with an early drop off option for working parents. Registration is now open and available at<u>www.stpaulsfaithformation.org</u> where you can fill out the form and pay online! Youth ages 11 and up who would like to be on the leadership team should contact Sue by May 15.

**6. Youth Hands Across Duluth is** July 16-18 for youth who have completed grades 6-12. This popular youth event includes youth from Ascension Episcopal Church in Stillwater who join with us to engage in service projects and fun activities as we learn about being the Beloved Community! Please note there is a discounted price of \$75 for registering by June 1! Registration is open at <u>stpaulsfaithformation.org/youth.html</u> where you can submit your registration and fee all online!

**7. Adult hospitality help July 16-18:** As part of hosting Hands Across Duluth for Episcopal youth; we will need parishioners to help in preparing breakfasts on Tuesday & Wednesday, help preparing simple lunches Monday-Wednesday, and help preparing dinners Monday-Wednesday. If you would like to help with a meal, you can either email or call Sue at <u>sueva-noss@stpaulsduluth.org</u> 724-3535

8. . **www.stpaulsfaithformation.org** -Remember to check out the website for lots of at home faith activities as well as apps, blogs, videos and online games that are values centered and Bible based!

Submitted by Sue Van Oss



Hands Across Duluth

Becoming

Beloved

Community

July 16-18, 2018

Teen Immersion/Service Experience for youth who will have completed grades 6-12 by summer. Youth will engage in learning, service projects and fun that help them live out the call to be part of Jesus' beloved community.

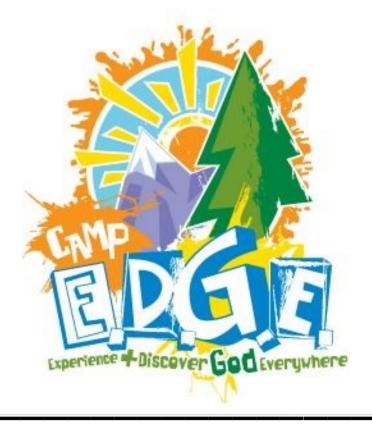
Register online at www.stpaulsfaithformation.org

Vacation Bible School June 25-28 9am-noon

For ages 3-10

# Ages 11 and up can serve as a youth leader

The youth of our parish will be leading a fun Vacation Bible School Monday-Thursday mornings June 25-28. Early drop-off option for working parents starts at 7:45 a.m. Cost is \$25 per child. Register @ www.stpaulsfaithformation.org by June 1.



## HELP FIGHT HUNGER

On Saturday, May 12th, the National Association of Letter Carriers will once again be collecting food which will be distributed to area Food Shelves. This is one of CHUM's big annual food drives.

#### Please help by volunteering! 1. WALKERS

Teams of 2 people with a car, van or truck walk with a carrier or drive behind a rural carrier and pick up food throughout the day. Most routes will start at about 8:30 a.m. and end any time between noon and 3:00 p.m. Volunteers must be fit and able to walk and carry heavy bags. Children under 13 must be accompanied by an adult. Volunteers will report to the Main Post Office, 2800 W. Michigan St., at 8:30 a.m. on May 12 for route assignment, dashboard sign and nametags.

#### 2. ROVERS

Rovers pick up food at pre-determined locations and and on-call throughout the day to help carriers when their trucks need to be emptied of food. Rovers must have a vehicle - preferably a van or pickup truck.

#### 3. SORTERS

Volunteers unload bags of food from the mail trucks as they come in off their routes at the Main Post Office on Michigan St. from 10:00 a.m. - 2:00 p.m., and 2:00 p.m. - 6:00 p.m. No children under 13 are allowed to help on the loading docks.

#### 4. RECYCLE CREW

Be available at the Main Post Office loading dock between 1:00 p.m. and 5:00 p.m. to sort empty grocery bags that can be reused by the Food Shelf.

If are you able to volunteer, please contact

Kelley Johnson at Second Harvest Food Bank

#### 218-727-5653 ext. 111

Kelley@northernlakesfoodbank.org

Age Well Memory Café Hope United Methodist Church 301 West St Marie Street Duluth MN 55803



2<sup>nd</sup> Tuesday of each Month 1:30-3:00 pm

### For more information or to RSVP: Kim Hileman, Program Director Age Well Arrowhead 218-623-7805

A Memory Café is a group where those suffering from memory loss, as well as their care providers and family members, can find relaxation, fun, and the support of other people who are having similar experiences.

Sponsored by Age Well Arrowhead with funding from The Victory Fund and supplies donated by Thrivent.

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#### NOTES OF A DIFFERENT KIND. . .

Sisters and brothers in Christ,

My friend Ed was a renaissance man. He could recite poetry for any occasion. He enjoyed good things to eat and often made several trips around the dessert table at church potluck suppers. He was a mechanical engineer during his working days, so he knew how things worked. He had a great sense of humor. He loved to converse about art and music. He sang in the choir when he could. He was often so absorbed in conversation he forgot to leave social gatherings on time. I kept company with him as his wife died. She had Alzheimer's. His sense of humor was never so apparent as when he came in a few weeks after her funeral to deliver some memorial money he had received. He told us that some of the memorials had gone to the local Alzheimer's Association. "Yup," he quipped with a twinkle in his crystal blue eyes and a grin on his face, "they must have forgotten to send a thank you note." His sense of irony was acute.

Ed was sick on a day when it was my turn to cover hospital visitations on behalf of the church. I walked into his room, and we chatted about his condition for a bit. Then he wanted to talk about music, so we did. As I got ready to leave, he said, "Maybe you've heard this one or two times before. . ." and he began to sing The Lord's Prayer. He sang the whole thing, including the high note at the end. It was such a holy time and a great gift. It was beautiful. Ed was well enough to leave the hospital, but he died a few weeks later. Of course, The Lord's Prayer was sung at his funeral. The soloist did his best, but it wasn't quite as heartfelt as it had been in Ed's hospital room a few weeks prior. Nonetheless, Ed's voice echoed in the church that day.

I think about Ed often. I am so thankful for his generosity in singing for me. I think of him on days when I need encouragement to be more giving. It keeps me aware that God comes to us where and when we least expect it. God is revealed in astonishing ways, not the least of which is an old renaissance man singing in his hospital room without reserve. It is as though God is saying, "Be like Ed."

Yours in Christ,

Tom Hamilton Director of Music

#### Songs and Stories of the Honduran Resistance

Monday, May 7 at 7 PM - 8:30 PM Dr. Robert Powless Cultural Center, AICHO, 202 W 2nd St, Duluth

Witness for Peace Midwest is excited to host Karla Lara, a well-known feminist singer and organizer from the Honduran resistance, and virtuoso jazz musician, pianist and composer José Antonio Velásquez. Their songs will address the struggle for justice and territorial autonomy, the legacy of Berta Cáceres, and the dignity of the Honduran people.

The event is free and open to all, although any donations will be gratefully accepted. The event is sponsored by Witness for Peace Midwest and the UMD Royal D. Alworth, Jr., Institute for International Studies.

> Another event with Karla Lara during the day at UWS: Creative Resistance through Music: a workshop with Karla

> > 12-1 pm, May 7

3069 Swenson Hall, UW-Superior Campus, (1610 Weeks Ave, Superior, WI)

Sponsored by Sociology Anthropology Club and Native Nations Student Organization

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday                   | Friday                                    | Saturday                                    |
|---|--|--|---|----------------------------|---|---|
|   |  | 1<br>8:30am Bible Study<br>10:300am Staff Meeting, OR                        | 2<br>6:15pm Sanctuary Choir<br>7:40pm Bell Choir  | 3<br>7pm Social Ministries | 4   | 5<br>Youth Planning Meeting                 |
| <ul> <li>6 Graduate/Youth Sunday</li> <li>8am Service</li> <li>9:30 Prayer Partners Breakfast</li> <li>10am Service</li> <li>11:30 Coffee Hour</li> </ul> | 7<br>1-1:45pm Gentle Yoga-<br>Children's Room  | 8<br>8:30am Bible Study<br>10:300am Staff Meeting, OR                        | 9<br>6:15pm Sanctuary Choir<br>7:40pm Bell Choir  | 0                          | =   | 12<br>6-8:30 Mother's Day Eve<br>Fundraiser |
| <ul> <li>13 Mother's Day</li> <li>8am Service</li> <li>10am Service</li> <li>10:05am Kidsword</li> <li>11:30 Coffee Hour</li> </ul>                       | 14<br>1-1:45pm Gentle Yoga-<br>Children's Room | 15<br>8:30am Bible Study<br>10:300am Staff Meeting, OR<br>6pm Vestry Meeting | 16<br>6:15pm Sanctuary Choir<br>7:40pm Bell Choir | 17                         | 8   | 19<br>9 am Altar Guild Mtg<br>Olcott Room   |
| <b>20 Pentecost</b><br>8am Service<br>10am Service<br>10:05am Kidsword<br>11:30am Coffee Hour   | 21<br>1-1:45pm Gentle Yoga-<br>Children's Room | 22<br>8:30am Bible Study<br>10:300am Staff Meeting, OR                       | 23  | 24                         | 25<br>Messenger Deadline<br>For June/July | 26  |
| 27<br>8am Service<br>10am Service<br>11:30am Coffee Hour  | 28<br>MEMORIAL DAY<br>Church Office Closed     | 29<br>8:30am Bible Study<br>10:300am Staff Meeting, OR                       | 30<br>Messenger Mailing                           | 31                         |   |   |

**MAY 2018** 

|                    | May 6          | May 13                           | May 20<br>Pentecost  | May 27                 | June 3                      |
|--------------------|----------------|----------------------------------|----------------------|------------------------|-----------------------------|
| ALTAR<br>GUILD     | C SPENCER      | C CONRAD                         | J MARINAC            | J JARNIS               | C SPENCER                   |
|                    | J Harvey       | S Hall                           | J Elliot             | O Hansen               | J Harvey                    |
|                    | L Hultkrantz   | S Hartley                        | M MacDonald          | D Kolquist             | L Hultkrantz                |
|                    | K Leonard      | S Meyer                          | P Markert            | M Parks                | K Leonard                   |
|                    |                | A Sadowski                       | C Miller             |                        |                             |
| 8:00 AM            | A Mackenzie    | Pastor                           | N Diener             | S Stromquist           | A Mackenzie                 |
| 0.00 AW            | A Mackenzie    | J Fastor                         | N Diener             | s stroniquist          | A Mackenzie                 |
| USHERS             | D Morin        | ] & S Dusek                      | G & K Bubalo         | K Swanson              |                             |
|                    | P Waite        | B & C Dinan                      | C Orsak              | D Kolquist             |                             |
|                    | J Jarnis       |                                  | J Jarnis             | P Waite                |                             |
|                    | D Kolquist     |                                  |                      | N Schuldt              |                             |
| ACOLYTES           | 5              | _I<br>See www.stpaulsfaith<br>_I | formation.org for cu | rrent acolyte schedule |                             |
| READER<br>10 AM    | Youth          | Z Stodola                        | N Diener             | J Pastor               | S Stromquist                |
| CHALICE            | S Stromquist   | Z Stodola                        | N Diener             | J Pastor               | S Stromquist                |
| BEARERS            | G Maloney      | N Diener                         | J Stromquist, Jr     | G Maloney              | S Anderson                  |
|                    | J Pastor       | A Mackenzie                      | S Anderson           | A Mackenzie            | J Stromquist, Jr            |
| FLOWER<br>Delivery | O & B Hansen   | M Matheson                       | J Jarnis             | M Dragich & J Pastor   |                             |
| COFFEE<br>HOSTS    | B & L Brunfelt | S Anderson &<br>H Hansen         | G & T Lyle           | M & B Minter           | S Stromquist &<br>J Marinac |
|                    |                |                                  |                      |                        |                             |
| LOCK-UP            | D Pederson     | M Brown                          | J Austin             | G Maloney              | C Fellman                   |

Altar Guild Other Duties: Linens: C Conrad, A Sadowski Sub: C Conrad, C Miller Fair Linens: J Marinac, C Miller Cleaning (May/June) \*C Conrad, \*C Miller, P Markert, J Sederberg, J Marinac Sunday Team Alternates: G Bouschor, E Killen Please find yourself a Sub if you cannot fulfill your duty. **St. Paul's Episcopal Church** 1710 East Superior Street Duluth, MN 55812 Nonprofit Organization U.S. Postage PAID Permit No. 667 Duluth, MN

#### ADDRESS SERVICE REQUESTED

Email for the church: office@stpaulsduluth.org Check out our website: www.stpaulsduluth.org

# Celebration Sunday, Sunday, May 6!

## Begins with a 9:30 a.m. Prayer Partner breakfast in the Parish Hall

All year, adults from our parish have been praying for over 100 children and youth and, in turn, the children and youth have been praying for their prayer partners. We would like to show our appreciation to our prayer partners by having a special breakfast in their honor on Sunday, May 6 at 9:30 a.m. in the Parish Hall. Children/youth and their family members and the adults who have been prayer partners this year are invited to come to the Parish Hall to enjoy a delicious breakfast and conversation!



The 10 a.m. Celebration Service will include recognition of and reflections by our graduates and appreciation for all faith guides in our Christian Formation program.