St. Paul's Episcopal Church, Duluth, MN



FEBRUARY 2018

Deadline for submitting articles for the March Messenger is February 16th. Email them to:

office@stpaulsduluth.org

Remember Who You Are

I love the movie *The Lion King*. There are many moments and scenes that stay with me, but one in particular stands out. It is when the baboon Rafiki takes young Simba back to the lagoon to show him his father, Mufasa. Simba peers into the water of the lagoon and sees the reflection of himself. Simba complains that it isn't his father, it's just a refection of himself. Rafiki says "look harder, he lives in you." When Simba looks again he hears the voice of his father saying: "Simba, you have forgotten who you are, you are more than you have become. Remember who you are..."

This month begins the season of Lent. In the long history of the church, Lent has been a time when people prepared for baptism. In the early church, Lent served as a 40 day intensive retreat for adults who were preparing to be baptized at the Eater vigil. We baptize and reaffirm our baptismal covenant (BCP p. 304 & 305) at Easter. Baptism reminds us who we are, beloved children of God, made in God's image and likeness and called to treat each other as brothers and sisters. When we look in the pond or in the mirror or in the waters of the baptismal font we see a reflection of God. We are God's handiwork. When we see God in our imperfect, incomplete selves, we can more easily see God in our imperfect, incomplete neighbor.

This is not always easy, especially in our world today. Everywhere we turn there are personal attacks, distinctions between "us" (good) people and "them" (bad) people, racism, sexism, classism, homophobia, etc. etc. Whole countries and peoples are labeled and excluded. Anger and fear swirl all around us. All of this diminishes and reduces us and it diminishes and reduces other people. Like young Simba, these forces cause us to forget who we are.

In the story of Jesus' baptism (Mark 1: 9-11) we are told that "just as he (Jesus) was coming out of the water... a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." The waters of baptism reminded Jesus of who he was and they inspired him to live that love all the way to the cross and resurrection, loving the rejects and outcasts every step of the way. Peer into the water of baptism and hear God saying: "remember who you are..."

Peace, Bill Van Oss Rector

VESTRY MEETINGS HIGHLIGHTS - DECEMBER 2017 & JANUARY 2018

December 19, 2017—There were two major topics for the December meeting, the proposed budget and vestry nominations for 2018. The budget was discussed at length.

Vestry nominations were reported as complete and other business items were discussed and approved. Reports were provided by Bill and Barb on Clergy activities and perspectives. The Role of Ushers in the church service was discussed, especially as it relates to security and safety. The vestry will next convene January 16, 2018.

Your vestry members are Amber Sadowski, Craig Heidenreich, Diane Kolquist, Eirik Rennan, Ina-Marie Kennedy, Karen Dingle, Matt Gustafson, Melanie Spencer, Nancy Schuldt, Peg Sutherland, Ryan Erspamer, Sue Stromquist, Mark Brown, Junior Warden. And Jane Jarnis, Senior Warden.

Mark Brown, Junior Warden

Janauary 16, 2018—Your vestry met on January 16, 2018. Mike French, Chair of the Finance and Budget Committee, joined us to review the 2018 Budget. Mike and his committee have done a great job and the Budget was unanimously approved. The Vestry also discussed fundraising ideas for 2018. Be sure to stay tuned! And, we bid farewell to retiring Vestry members: Diane, Karen, and Matt.

The vestry will next convene February 20, 2018.

Your vestry members are Amber Sadowski, Craig Heidenreich, Diane Kolquist, Eirik Rennan, Ina-Marie Kennedy, Karen Dingle, Matt Gustafson, Melanie Spencer, Nancy Schuldt, Peg Sutherland, Ryan Erspamer, Sue Stromquist, and Mark Brown, Junior Warden.

Jane Jarnis, Senior Warden

EVENING BIBLE STUDY

After the Holidays, our evening Bible Study sessions will continue on the 4th Tuesday of each month: January 23, February 27, March 27, and April 24. We meet in the Parish Hall between 6:30-8:00 p.m.

This winter/Lent season, we will read Luke and Acts, as suggested by our Presiding Bishop and national church. These books were written by one author and describe Jesus' life, as well as how the Disciples went on to establish the Beloved Community in the early years following Jesus' death. At our January session, we plan to discuss all of Luke—allowing time later for more discussion of how we can use Act's insights to build Beloved Community today.

Please call the office to learn additional details or email Reverend Barb about it. (belliott@d.umn.edu)

Gloria Dei Rebuilding Fundraising Dinner Saturday, February 24

5:30—8:00 p.m. Unitarian Universalist Congregation of Duluth 835 W College Street

Delicious Indian cuisine, with gluten-free options, beverages from Bent Paddle Brewing, and a cake auction will be part of the evening event Make your table reservation today! 722-3381

CHURCH NIGHTS IN FEBRUARY

Wednesday Church Nights continue as we enter the Season of Lent. We have great programs again this month, so take a moment to read this.

Church Night begins with our 5:30 pm Eucharist in church. This is a great way to attend service if you are not able to make it on Sunday. We gather in the front pews. We are grateful that Brad Brunfelt leads our music on his guitar. This service is less formal and briefer than Sunday. We use the scripture readings for the coming Sunday.

I am delighted that Buffy Helstrom and helpers prepare our 6:00 pm simple suppers. Buffy does a wonderful job preparing a simple, healthy meal that we ask you to help support by making a donation toward defraying the cost. Check out the menu in this edition of the Messenger.

The 6:30 p.m. program includes Christian formation for children in preschool through confirmation. Character Club is a new program for prek-3rd grade with fun activities based on a different core value each month. 4th-Confirmation age will have formation groups also. There will continue to be a speaker or program for adults. Please let me know if you have suggestions for speakers or programs.

Church Nights will meet three times per month. Two Wednesdays the children/youth will be in their age specific program, one Wednesday we will be together for GIFT; Growing in Faith Together, and we will have one Wednesday where we don't gather at church, instead that time can be used for focusing on faith at home.

February Church Night Programs:

February 7 – Have you ever wondered why we do the things we do and say the things we say during the eucharist? Bill Van Oss will be doing an **Instructed Eucharist** in **church**. Each part of the liturgy will be discussed and this will be a great opportunity to bring your questions.

February 14 – We begin the season of Lent with Ash Wednesday. **Services** are at noon and 5:30 pm. Following the 5:30 service Buffy will serve a Valentine Pasta dinner at 6:15.

February 21 – Church Night is **OFF** for winter break. This would be a great opportunity to do "Faith at Home" using suggestions that can be found at: stpaulsfaithformation.org

February 28 - We will explore the formative impact of **church architecture** in a creative way. You will be invited to draw the floorplan and features of the church you grew up in and have the opportunity to share that with the group. The goal is to highlight the importance of architecture on faith formation.

Church Night Menus:

February 7—Slow-cooked roast with potatoes, carrots and onions & salad. Kid's option—Chicken nuggets

February 14—Valentine Dinner

February 28—Stir-fry veggies, rice, teriyaki wings, wontons. Kid's option—PB&J.

Hope to see you at Church Night! Bill Van Oss Rector

REMINDER ALTAR GUILD MEETING
SATURDAY, FEBRUARY 10 AT 9:00 A.M.
OLCOTT ROOM

UPDATE FROM ANNIE HENNINGER

My friends,

On a Sunday this past August I had the opportunity to worship with you if only briefly. My visit was a homecoming, for St. Paul's is still my spiritual home, the place that nurtured and supported my call to ordained ministry.

It's hard to believe that I (we) have begun our eighth year on the easternmost part of the Rosebud Reservation. This call began with my ministry first in Duluth, MN as part of the Feather Meets the Cross ministry and then the call to South Dakota to minister as priest with the Lakota people. I have never had second thoughts about my ministry for I have discovered a family among the people whom I serve. I began with three churches: All Saint's, Milkscamp, is a small church tucked in a valley in the middle of a pasture where horses and cattle graze. St. Andrews, Bonesteel, was a small congregation, a handful of members which unfortunately closed during my second year of ministry due to the age of the members and the lack of funds to continue. It was a painful decision for the members as well as myself. Calvary, Okreek is the 3rd Church of my original call. It is the farthest west and is located on the east end of the Rosebud reservation proper. Six months into my ministry upon the retirement of the priest serving it, Incarnation, Gregory was added to the Rosebud East Episcopal Mission. Each of these churches are located in south-central South Dakota along Highway18. About 3 years ago, Trinity, Winner and All Saint's Ideal were added to the churches I serve after the priest serving there retired and moved to the East Coast. We are truly a Mission Diocese for a great part of the population of this diocese is Native American. Clergy are spread thin and most of us travel great distances between the churches we serve. I generally average at least 1000 miles a month travel just for Sunday services. As you might guess it is impossible to celebrate Eucharist at each church every Sunday. I alternate between the eastern churches, Gregory and Milkscamp on the 1st and 3rd Sundays and Okreek, Winner and Ideal on the 2nd and 4th Sundays.

Baptisms are celebrated throughout the year but Christmas and Easter seem to be the primary baptismal times. It's the grandmas who make sure their grandchildren receive the Sacrament. I've baptized as many as 9, adults and children at one service, what a delight! Sadly there are many deaths on the Reservation. Most of the burials are of young people in their 30's and 40's and of people younger than 60. Diseases like diabetes and alcoholism as well as accidents and suicide are the primary causes of death. Each funeral involves one or two night wakes where the family members keep vigil with the body of the deceased and the funerals themselves are done in a dignified manner where the pall-bearers lower the casket into the ground and shovel the dirt to cover the grave. It is an honor to me that I am able to celebrate their funeral liturgies and to be part of the family's grief over their loved ones.

I consider myself blessed for having been called by God to this ministry. In nourishing the body and souls of others in Eucharist I have been fed. I look forward to continuing this ministry for as long as God allows.

Those of you who read this, know that you have been and are part of this ministry. I have been blessed with people who have been a source of strength and encouragement. There are many challenges in this ministry and life itself but I know that I am not alone for you are supporting me continually in prayer.

ANNIE+

jahenninger@msn.com

GENTLE YOGA

Gentle Yoga led by Collette Bitz continues on Mondays at 1:00 p.m. Classes last 45 minutes and cost \$8.00/session and are held in the Children's Room on the lower level. Regular weekly attendance isn't required, but you'll miss it if you skip too many. Friends are welcome.

NOTES OF A DIFFERENT KIND . . .

Dear friends in Christ.

A well-known preacher created an acronym for Lent: Let's eliminate negative thinking. I suppose it was effective because I still remember it decades later, but. . . no. Lent isn't about negative thinking. It's about recognizing that God is in charge, and we're not. In order to do that, we must acknowledge our humanity, that we are made from dust and that we will return to dust. During Lent, we immerse ourselves in God's grace, revealed in Jesus whom God raised from the dead. From the outside, it probably looks like Lent is a negative time. The liturgy is sparse, and we put away singing and saying, "Alleluia," for forty days. This is not to create a somber mood or to beat up on ourselves. It is to create space for God to come into our lives with the wondrous love of Jesus Christ. Walk the journey with us.

Peace,

Tom Hamilton

RUMMAGE SALE

Reminder: St. Paul's Rummage Sale will be Saturday, April 14th. Volunteers are needed the week before to help set up. If you'd like to help in the planning, Call the Church office. 724-3535







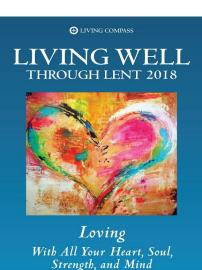






Lent Festival
Sunday Feb. 11 11am
Sunday March 5
11:00am in the parish hall – for all ages!





Adults, families, couples, singles, children, teens; come to the parish hall at 11am and find out what Lent is & how you can enter into the season of Lent in your home! There will be items for all ages, 0-99!

Pick up a Lent "To Go" Box filled simple prayer, fasting and almsgiving ideas, learn about our Lenten Global and Local mission projects, devotional booklets and more!



CHRISTIAN FORMATION NEWS

February Formation Schedule:

Sunday, February 4 KidsWord for pk-3rd grade, special Eucharist session for parents and siblings **Wednesday, February 7** Formation for 4th/5th, 6th/7th, Confirmation and adults, (instructed Eucharist will be the focus of formation on this night) Character club for prek-3rd grade

Sunday, February 11 Blessing Cup/Communion celebration during the 10am service

Wednesday, February 14- Ash Wednesday services noon and 5:30pm

Sunday, February 18- no KidsWord- Duluth schools winter break

Wednesday, February 21- no church night- winter break Duluth schools

Sunday, February 25 Kidsword for prek-3rd grade

Wednesday, February 28- Formation for 4th/5th, 6th/7th, Confirmation and adults, Character club for prek-3rd grade

- **1. Fifth Wednesday Service Project-** All ages are invited to be the church; outside of our church building! Come to the CHUM Drop In Center, 102 W 2nd St, at 6pm on Wednesday, January 31 and help us make a meal and do some cleaning projects. Be the hands and feet of Christ as we help our brothers and sisters in need.
- 2. Eucharist Instruction- every other year we have an extended time of preparation and instruction on the sacrament of Eucharist. All families who would like to learn more about Eucharist are invited to an Instructed Eucharist on Wednesday, February 7 at 6:30pm when Fr. Bill will explain each part of our Eucharist service. On Sunday, February 4; families will make a Blessing Cup using symbols that represent their family; that cup will then be used to distribute the Blood of Christ from on Sunday February 11 to each family and then they will take the cup and a Blessing Cup booklet home with them.
- **3. Lent Festival, Sunday, February 11** following the 10am service in the parish hall. All ages are invited to stop down to the parish hall after the 10am service and pick up some ideas to bring the church season of Lent into your home. There will be Lent "To Go" boxes that contain simple items you can use to celebrate Lent in your home; whether you are an individual, a couple or a family.
- **4. Overnight for moms will be February 9-10:** It's not too late to join in the fun overnight retreat for women of all ages. Relax among the beautiful wooded surroundings of Camp One Heartland in Willow River, time for reflection, readings, bring a craft project to work on; outdoor activity options and more! Cost is \$60 for overnight accomodations, three meals and activities. Find out more and register at http://www.stpaulsfaithformation.org/adults.html
- **5. Shrove Tuesday Pancake Supper and Talent Show** is Tuesday, February 13! Dinner will be served starting at 5pm and the talent show will start at 6pm. Come and enjoy a laughter filled evening while you support the kids who will be attending Episcopal Youth Music Camp this summer! All money raised at the pancake supper will go towards helping the kids afford camp! Suggested donation is \$5 a person. The men of the parish cook the meal under the coordination of Tom Diener. Men of all ages, including our teenage men, please contact Tom to help out—tgdiener@gmail.com
- **6. Lenten Mission Project:** Along with supporting the annual March FoodShare campaign for the CHUM food shelf we will also be engaging in a Lenten Mission Project with a Global focus. If you have ties to a global project or have suggestions, please let Sue know.
- 7. **Weather Cancellations** If the Duluth School District cancels classes, all events/programs at the church are cancelled for that evening. On the weekends, if weather causes any service or program cancellations, please check the website that will post information: www.stpaulsduluth.org, or our church facebook page.
- 8. **www.stpaulsfaithformation.org** -Remember to check out the website for lots of at home faith Activities as well as apps, blogs, videos and online games that are values centered and Bible based! And "like" our Stpaulsduluth Facebook, Instagram, Youtube, Pinterest and twitter accounts.



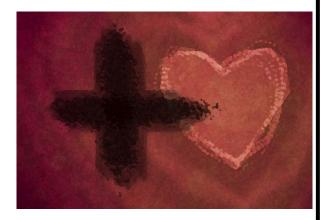
Pancake Supper & Talent Show Tuesday, Feb. 13

Dinner is served starting at 5pm, talent show starts at 6pm

Join in the fun as we celebrate Mardi Gras with a delicious pancake and sausage dinner prepared by the men of the parish. (Contact Tom Diener tdiener@marshallschool.org if you would like to help!) The meal will be set up, served and clean up by the youth who would like to attend Episcopal Youth Music Camp this summer. The meal is a fundraiser to help them raise funds towards the \$500 cost to attend the week long camp. Suggested donation is \$5 a person or \$20 a family.

All are invited to sign up to sing, play an instrument, tell a story, write a poem, dance, juggle, do a trick or something else! This is your chance to let your talents shine! Sign up on the sheet posted on the bulletin board outside the sacristy or contact the parish office.

Ash Wednesday Services
Wednesday February 14, 2018
Noon Service in Church
5:30pm Service in church
6:15pm Dinner in the Parish Hall



Buffy will lovingly prepare a special Valentine's pasta dinner with her amazing Valentine cookies for dessert!

We would like to get an estimated count for the dinner; please rsvp to office@stpaulsduluth.org, 724-3535 or online www.stpaulsduluth.org

For the first time since 1945, Ash Wednesday and Valentine's Day fall on the same day. What better way to mark a day of love than to mark your forehead with a sign of the cross as we begin a 40 day journey to remember Jesus' great love for us; a love that even took Him to the cross to die for us so we may have eternal life. Come to a service on Ash Wednesday and celebrate love in all its forms!

St. Paul's Scholarship Applications

Applications for new scholarships for the 2018-2019 school year from the St. Paul's Church Scholarship Fund must be submitted to the Scholarship Committee c/o St. Paul's Church by March 15, 2018. Application forms are available in the church office. Submitted by Bill Dinan

LAY LEADERSHIP DAY

On February 17th, join over 100 leaders from across the state to get the practical tools and resources you need to lead and serve. We'll gather in the new ECMN Gathering Space at 1101 W Broadway in North Minneapolis from 9 a.m.- 3 p.m.

We gather because we have so much we can learn from one another.

We gather because we have so much we can teach one another.

We'll spend time in a large group learning from lay leaders doing innovative work. There will be workshops for skill-building, and affinity groupings where you can ask questions, share resources and ideas and build your practice.

You'll walk away from this event with more tools in your toolbelt of best practices, and with relationships that help support your work and ministry year round. For more information, or to register, go to episcopalmn.org

"Your word is a lamp to my feet and a light to my path." Psalm 119:105



You are invited on a great journey to explore the entire story of Jesus' life as told by Saint Luke and to read about the earliest Christians, their encounters with the Holy Spirit, and their passion for sharing the Good News of the Resurrection of Jesus Christ.

Episcopalians around the world will read the Gospel according to Luke during Lent and the Book of Acts during Eastertide in 2018. Forward Movement invites you to join this adventure, and we welcome organizational partnerships to offer resources to sustain and enrich people in this journey.

Sign up to learn more at **GoodBookClub.org**

INQUIRERS?

Inquirers' sessions—for those who have more questions about what it is to be Episcopalian...

Bill Van Oss and Barbara Elliott are planning a series of Inquirers' Classes during Lent, before Easter. If you are interested to learn more about the Episcopal Church and St. Paul's, do consider joining us.

The first week we will get your input about what you would like covered, and we will organize our discussions around your questions.

The sessions will be in the Olcott Room, on four Sunday mornings before Palm Sunday (Feb 18, 25, March 4 & 11), 11:30 – 12:30. You do not need to attend every Sunday—each session will stand on its own. Please sign up in the office with Susan Anderson, or talk with Bill or Barbara so we know to expect you. Childcare will be provided if requested by the Friday before each date by emailing office@stpaulsduluth.org

DAMIANO SOUP KITCHEN

Monday, February 5, 2018 is St. Paul's day to serve at Damiano Soup Kitchen located at 206 W. 4th St. from 8:30 a.m.—1:30 p.m. Helpers are always appreciated. Bring a hat. If you have questions, contact Nelson Thomas.

GRIEFSHARE

If you are or know anyone who is grieving over the loss of someone they loved, please consider the GriefShare support group that will be offered at Our Savior's Lutheran Church on Tuesday afternoons 12:30-2:00. This is a 12-week faith-based structured course which will start February 6, 2018 and end May 1, 2018. The group will be conducted by facilitators, Kathy Janzig, parish nurse from Our Saviors Lutheran Church and Kathy Leonard from St. Paul's Episcopal Church. There is no cost to attend the course. The address is 4831 Grand Avenue.

The faith based format utilizes:

Video seminar with experts

Each week your GriefShare group will watch a video seminar featuring top experts on grief and recovery subjects. These videos are produced in an interesting television magazine format featuring expert interviews, real-life case studies, dramatic reenactments, and on-location video.

Support group discussion with focus

After viewing the video, you and the other group members will spend time as a support group, discussing what was presented in that week's video seminar and what is going on in your lives.

Personal study and reflection

During the week you will have the opportunity to use your workbook for further personal study of the grieving process and to help sort out your emotions through journaling. Your group will spend time discussing questions and comments from the workbook study.

The class is limited to 12 people. If you are interested, please call Kathy Leonard 218-310-2933 or Kathy Janzig 218-341-0708 to sign up.

Lent Food Drive for CHUM

Pick up a reusable purple grocery bag at the Lent Festival on Sunday, February 11 (extras will be available in the parish hall after that) and bring it back with non-perishable food items for the CHUM food shelf that provides life-saving food for those in need in our community. Keep the bag in your car as a visible reminder to purchase a few items for the food shelf when you go to the grocery store! Keep them in your car and you won't forget to bring them to church each week! A list of suggested items to donate will be in the bag.



From February 18-March 25 you can bring your bag to church and place it in front of the altar before the service starts. After church, the Youth Leadership Team will remove the bags, store the food and tally the food items and any monetary donations and update it on a display in the parish hall and have the bags available to take home again. At the end of the food drive on March 25 you can keep your bag as a thank you for participating in the food drive! All of the donations will count towards the March FoodShare program, which will allow CHUM to receive incentive dollars for donations of food and cash that they receive!

We will also be announcing a Global Lenten project – watch the bulletin and website for more details!

OUR PARISHIONERS IN ASSISTED LIVING OR HOMEBOUND

Mt. Royal Pines III: Phyllis James, Jean Manthey, and Joy Williams

Franciscan Health Center: Howard Martz Beehive Home: Gloria Stone

Homebound: Charles Kehler

If you can not fulfill your duty, please arrange for a sub.

| | February 4 | February 11 | Ash Wednesday February 14 | February 18 | February 25 | March 4 |
|--------------------|------------------|------------------------|--------------------------------|--------------------|------------------------------|----------------------|
| | | | Noon & 5:30 | | | |
| ALTAR GUILD | C SPENCER | C CONRAD | J MARINAC | J MARINAC | J JARNIS | C SPENCER |
| | K Leonard | S Hall | C Miller | C Miller | O Hansen | K Leonard |
| | L Hultkrantz | A Sadowski | M MacDonald | M MacDonald | D Kolquist | L Hultkrantz |
| | J Harvey | S Hartley | P Markert | P Markert | M Parks | J Harvey |
| | | S Meyer | | | | |
| | | | | | | |
| 8:00 AM | N Diener | A Mackenzie | | J Pastor | M Gustafson | S Stromquist |
| | | | | | | |
| USHERS | B & C Dinan | J & S Dusek | | J & H | B & C Dinan | M & S Brown |
| | D Morin | G & K Bubalo | | N Schuldt | K Swanson | J Jarnis |
| | P Waite | | | C Orsak | P Waite | D Kolquist |
| | | | | | | |
| | | | | | | |
| ACOLYTES | | See www.stpa | ulsfaithformation.o | rg for current acc | lyte schedule | |
| | | | | | | |
| LECTOR | M Gustafson | J Stromquist Jr | | Z Stodola | K Halverson | L Van Oss |
| | | | | | | |
| CHALICE | M Gustafson | J Stromquist Jr | Noon –S Anderson Z Stodolas | Z Stodola | K Halverson | J Pastor |
| BEARERS | Z Stodola | G Maloney | 5:30-K Halverson | P Enenbach | A Mackenzie | S Anderson |
| | N Diener | K Baumgarten | | S Stromquist | N Diener | P Enenbach |
| | | | | | | |
| FLOWER Delivery | J Chesser | O & B | | M Matheson | J Jarnis | C Spenser |
| | | | | | | |
| COFFEE HOSTS | K & B Silverness | M Parks & J Chesser | | J & M French | L Hultkrantz & J Peterman | B Fait & E Rennan |
| | | | | | | |
| LOCK UP | G Maloney | C Fellman | | D Pederson | M Brown | T Diener |

Altar Guild Other Duties: Linens: K Leondard, C Miller. Sub: C Conrad, C Miller

Fair Linens: J Marinac, C Miller

Jan/Feb Brass Cleaning: *C Spencer, * J Jarnis, S Hall, M Fegley, J Manthey Subs: J Sederberg,

C Miller.

Wednesday Teams: 2/7—Team 2; 2/14—Team 3, noon & 5:30 Ash Wed.; 2/21—Team 4, noon only;

2/28—Team 1, noon & 5::30

Wednesday Team Alternates—C Conrad, C Miller, N Brunfelt

Sunday Team Alternates: G Bouschor, E Killen

FEBRUARY 2018

| SUNDAY | Monday | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|----------------------|--|-----------------------|
| | | | | - | 2 | 3 |
| 4 8am Service 10am Service 11:30 Coffee Hour/ | Serve Meal at Damiano Center 1-1:45pm Gentle Yoga- Children's Room | 6 8:30am Bible Study 10:00am Staff Meeting, OR | 7 Church Night 5:30pm Eucharist 6pm Meal *6:30pm Program/ Adult/4-7/Conf/ CC 6:15pm Sanctuary Choir 7:40pm Bell Choir | œ | 9 Lenten Festival Set-Up PH,K,CR Woman's Retreat | 9:00am AG Meeting, OR |
| 11 Lenten Festival Blessing Cup Service 8am Service 10am Service 11:30 Coffee Hour | 12 1-1:45pm Gentle Yoga- Children's Room | 13 8:30am Bible Study 10:00am Staff Meeting, OR SHROVE TUESDAY Pancakes & Music Fest | ASH WEDNESDAY 12 noon Ash Wed. Service & Soup Lunch 5:30 pm Ash Wed. Service Dinner to follow service No Choir Rehearsals | 25 | Messenger Deadline | 17 |
| 18 8am Service NO Kids Word–Winter Break 10am Service 11:30 Coffee Hour | 19 1-1:45pm Gentle Yoga- Children's Room Duluth Public Schools Winter Break Week | 20 8:30am Bible Study 10:00am Staff Meeting, OR 6:00 Vestry | 21 12:15 Orgam Concert followed by Soup Lunch No Church Night 6:15pm Sanctuary Choir 7:40pm Bell Choir | Messenger Mailing | 23 | 24 |
| 25 8am Service 10:05 Kids Word (preK-3rd) 10am Service 11:30 Coffee Hour/ | 26 1-1:45pm Gentle Yoga- Children's Room | 8:30am Bible Study 10:00am Staff Meeting, OR 6:30 p.m. Bible Study, PH | 12 noon Service & Soup Lunch Church Night 5:30pm Eucharist 6pm Meal *6:30pm Program/ Adult/478/Conf/ CC 6:15pm Sanctuary Choir 7:40pm Bell Choir | | | |
| | 4-7—4-7 gr | -4-7 grade, Conf—Confirmatior | -Confirmation, CC-Character Club for pre-K through 3rd grade | ough 3rd grade | | |

St. Paul's Episcopal Church 1710 East Superior Street Duluth, MN 55812

ADDRESS SERVICE REQUESTED

Nonprofit Organization U.S. Postage PAID Permit No. 667 Duluth, MN

Church email: office@stpaulsduluth.org Website: www.stpaulsduluth.org

Parish Annual Meeting
Sunday, January 28
Following the 10 a.m. service
Child care and a light lunch
will be provided for kids
in the Children's Room

If RSVP given by Friday, Jan 26 724-3535 or office@stpaulsduluth.org